

INTAKE SHEET

Name \_\_\_\_\_ DOB \_\_\_\_\_

Address: Street \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home (    ) \_\_\_\_\_ Cell (    ) \_\_\_\_\_

E-mail: \_\_\_\_\_

Do you live alone? \_\_\_\_ If not, who lives with you ? \_\_\_\_\_

**Your family:**

Father: Living (l) or deceased (d)? \_\_\_\_\_ If deceased, your age at the time of his death? \_\_\_\_\_

Cause of his death and when? \_\_\_\_\_ If alive, father's present age? \_\_\_\_\_

Name \_\_\_\_\_ Occupation: \_\_\_\_\_

Medical/psychological Problems: \_\_\_\_\_

Mother: Living (l) or deceased (d)? \_\_\_\_\_ If deceased, your age at the time of her death? \_\_\_\_\_

Cause of his death \_\_\_\_\_ If alive, mother's present age? \_\_\_\_\_

Name \_\_\_\_\_ Occupation: \_\_\_\_\_

Medical/psychological problems: \_\_\_\_\_

**Siblings:**

Number of siblings: \_\_\_\_ Names and ages \_\_\_\_\_

**Family/School/Social History**

Last grade completed: \_\_\_\_\_ Occupation \_\_\_\_\_

Single/Marital/Partner Status \_\_\_\_\_ Since \_\_\_\_\_ Ethnicity \_\_\_\_\_

Spouse/partner: Living or deceased? \_\_\_\_ If deceased, your age at the time of her/his death? \_\_\_\_\_

Cause of her/his death? \_\_\_\_\_ If living, present age \_\_\_\_\_

Partner's name \_\_\_\_\_ Occupation: \_\_\_\_\_

Partner's medical/psychological Problems: \_\_\_\_\_

**Religion:** a) in childhood \_\_\_\_\_ b) as an adult \_\_\_\_\_

Do you have any children, if yes please list their name, age, and sex below:

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_

**Medical and Mental Health**

Please list any medical/psychological conditions/diagnoses and year(s): \_\_\_\_\_

Please list any medication(s), including dosage and what they are for:

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Reason \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Reason \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Reason \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Reason \_\_\_\_\_

Medication \_\_\_\_\_ Dosage \_\_\_\_\_ Reason \_\_\_\_\_

Who are the prescribing doctors?

Name \_\_\_\_\_ Med. Specialty \_\_\_\_\_ phone \_\_\_\_\_

Name \_\_\_\_\_ Med. Specialty \_\_\_\_\_ phone \_\_\_\_\_

Name \_\_\_\_\_ Med. Specialty \_\_\_\_\_ phone \_\_\_\_\_

Goals for psychotherapy/counseling: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please describe what caused you to seek therapy at this time? Did something happen?

\_\_\_\_\_

\_\_\_\_\_

Are you currently receiving psychotherapy from somewhere else than Andrea von Troschke? \_\_\_\_\_

If yes, whom are you seeing? \_\_\_\_\_

Have you ever received psychotherapy before? \_\_\_\_\_ If yes, with whom? \_\_\_\_\_

Was it helpful? If yes, how?

\_\_\_\_\_

What was unhelpful? \_\_\_\_\_

Are you presently in group therapy? \_\_\_\_\_ Name of group/location \_\_\_\_\_

### **Emergency Information**

Please tell me whom I may contact in case of an emergency:

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

### **Insurance information**

Primary insurance holder's name: \_\_\_\_\_

DOB \_\_\_\_\_ Relationship to insurance holder \_\_\_\_\_

Insurance Name/Program \_\_\_\_\_ phone # \_\_\_\_\_

Insurance ID \_\_\_\_\_ SSN# \_\_\_\_\_ Group Policy Nr. \_\_\_\_\_

Employer \_\_\_\_\_

### **Referral**

Who referred you? Name \_\_\_\_\_ or which website \_\_\_\_\_